



FOUNDED JUNE, 1935

**COVENTRY
CYCLING
CLUB**

'THE EILEEN SHERIDAN MEMORIAL' OPEN 10 MILE TT

Sunday 13th August 2023, COURSE K11/10T

(Promoted for & on behalf of **CYCLING TIME TRIALS** under their Rules & Regulations)

Event Organiser:	Barry Harden 29 Guilsborough Road COVENTRY CV3 2HL. Phone 02476 456944 Mobile on the day 07791 212425 'E mail': barryaharden@aol.com																		
Event Headquarters:	Dunchurch Sportsfield & Village Hall, Rugby Road, DUNCHURCH, Rugby. CV22 6PN. First Rider Starts at 9:01 am																		
Officials:	<table><tr><td>Timekeepers;</td><td>Peter Bayliss & Laurie Bird</td></tr><tr><td>Recorder;</td><td>Martin Bubb</td></tr><tr><td>CTT Observer;</td><td>Bob Allen</td></tr><tr><td>Start Steward;</td><td>Kevin Jeffs</td></tr><tr><td>Timekeepers Spotter;</td><td>Jason Noone</td></tr><tr><td>Number Steward;</td><td>Julie Hinds</td></tr><tr><td>Result Board;</td><td>Jon Wood</td></tr><tr><td>Marshalls;</td><td>Andy Delaney, Sam Griffin Davis, Phil Davis, Rob Leahy & Andy Gardner .</td></tr><tr><td>Catering;</td><td>Joan Allen, Louise Bubb & Margaret Harden</td></tr></table>	Timekeepers;	Peter Bayliss & Laurie Bird	Recorder;	Martin Bubb	CTT Observer;	Bob Allen	Start Steward;	Kevin Jeffs	Timekeepers Spotter;	Jason Noone	Number Steward;	Julie Hinds	Result Board;	Jon Wood	Marshalls;	Andy Delaney, Sam Griffin Davis, Phil Davis, Rob Leahy & Andy Gardner .	Catering;	Joan Allen, Louise Bubb & Margaret Harden
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CTT Regulations & Recommendations:

Competitors are reminded that it is now compulsory to have **Working Front & Rear Lights** fitted to their machines; **no lights, no ride**. It is also compulsory that a **Hard-Shell Helmet** that meets a recognised International Safety Standard must be worn.

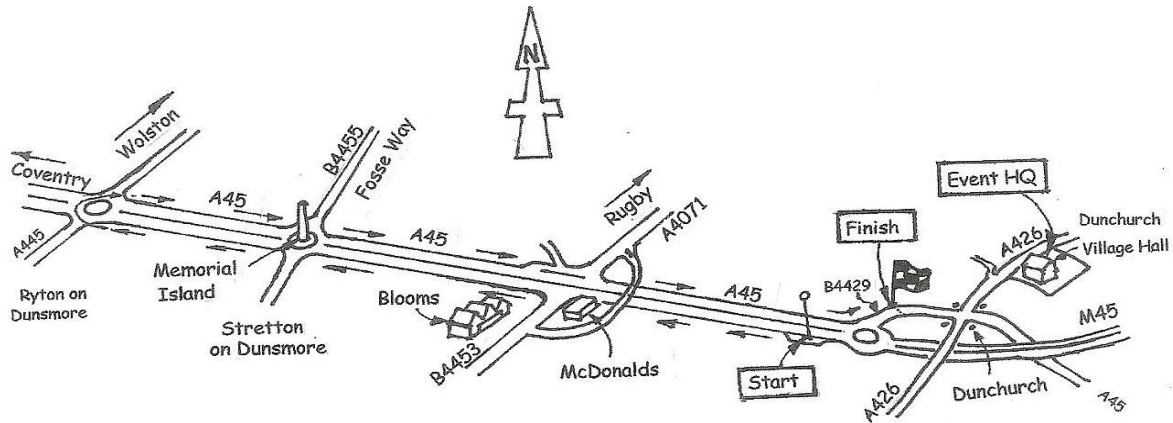
Please note this is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); "sleeves shall be at least mid-upper arm in length".

Numbers & Pins will be available at the 'Signing On' facility but only issued to riders personally. Remember you must '**Sign Off**' after the Event as well as '**Signing On**'.

www.coventrycyclingclub.co.uk

Course Description:

- SP 462 716: **START**; In the Lay-by 200 yards west of the A45/M45 Thurlaston Island at the 3rd joint in the concrete apron. Ride West along the A45.
- SP 415 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 391 741: At the next Island, (A45/A445), take the 4th exit to retrace along the A45.
- SP 414 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 465 715: At the A45/M45 Island, take 1st exit onto the B4429 towards Thurlaston/Dunchurch.
- SP 465 715: **FINISH**; 60 yards past the right turn to Thurlaston, (Main Street); in line with the Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.



Course: K11/10T

Competitors Notes:

Car Parking will be available at the H'Q from 7.30 am. If necessary please park on the overflow Gravelled Parking area & along the hedge line of the adjacent sports field.

It is almost two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but please do not arrive more than a few minutes before your start slot.

Every Competitor is expected to Self Start; assistance will not be permitted.

Please do not warm up on the Course once the Event has started, (09.01). We continually get complaints from Competitors due to riders warming up along the B4429 run into the Finish causing returning riders to either brake, or pull out potentially into the path of vehicles approaching from behind. It also causes considerable confusion for the Finish Timekeeper when riders not Finishing their ride go through this area. If necessary for your warm up, we suggest using the A45, in the direction of Willoughby & Daventry, (to the East of Dunchurch). Any rider failing to comply with this request risks disqualification.

A Professional Photographer will be covering the Event, proof copies will be available for viewing through his Website here; info_dhphoto@mac.com

PRIZES & AWARDS:

Prizes will be forwarded with a Result Sheet within seven days of the Event.

Only one Prize per rider will be awarded except for Team Prizes; this will be that Prize of the greatest value with the lower value Prize being passed further down the line.

Fastest Women Riders		Fastest Men Riders		Fastest Road Bikes	
First	£30	First	£30	First	£20
Second	£25	Second	£25	Second	£15
Third	£20	Third	£20	Third	£10
Fourth	£15	Fourth	£15	Fastest Junior	£15
Fastest Club Team (3 riders @ £15 each)			£45	Fastest in each Age Group	£15

Age Categories, (age on day); S 19-39; A 40-44; 45-49; C 50-54; D 55-59; E 60-64; F 65-69; G 70 +

Many thanks to DT & JR for their kind donations towards the Women's Prizes.

Eileen Sheridan:

This Event has previously been organised in Eileen's name to celebrate her achievements in our chosen sport, but alas it has now become a Memorial Event to celebrate her life. It was with great sadness when earlier this year Coventry Cycling Club lost their long standing Club President having reached her final Timekeeper. As was the case throughout her life Eileen steadfastly would never give up; then shortly before reaching the 100 year mark our reaper had stepped in. Eileen was not just our President, several of the remaining Members feel proud to have known her well enough to have been considered friends.

This Coventry born lady was one of the early Members of Coventry Cycling Club when it was founded in 1935. In 1945, only a year after competing in her first race, Eileen became Women's National 25 Mile Champion. Following a break when her son was born she once again resumed her career; during 1949 & 1950 Eileen became Women's National Champion at 25, 50 & 100 Miles & W.B.A.R. Not surprisingly the success of this Pocket Rocket, a diminutive sized lady with a giant sized ability & demeanour, came to the notice of the Hercules Bicycle Company who gave her a Professional Contract to pursue Long Distance Place to Place Records.

During the late 1940's & 1950's Eileen broke all twenty one of the Women's Road Record Association Records; some of which still stand to this day. After beating the classic 'Land's End to John O'Groats' record by 11 hours she was put back on her bike to continue to also break the 1000 Mile Record as well; she had always said she could still recall the effort and discomfort these extra miles took to complete quite vividly.

Throughout her life Eileen had always tried to encouraged Women to take part in our chosen sport. I feel sure most of those who have taken up the challenge & eventually broken any of her long standing Records, would personally confirm this.

Barry H.